



Open Enrollment 2026—Benefit Notices

Employers that sponsor group health plans should provide certain benefit notices in connection with their plans' open enrollment periods. Some of these notices must be provided at open enrollment time, such as the Summary of Benefits and Coverage (SBC).

Other notices, such as the Women's Health and Cancer Rights Act (WHCRA) notice, must be distributed annually. Although these annual notices may be provided at different times throughout the year, employers often choose to include them in their open enrollment materials for administrative convenience. Some of these notices may be included in the plan's Summary Plan Description (SPD) or detailed benefits summary provided by a health insurance issuer or third-party administrator (TPA).

In addition, employers should review their open enrollment materials to confirm that they accurately reflect the terms and cost of coverage. In general, any plan design changes for 2026 should be communicated to plan participants either through an updated SPD or a Summary of Material Modifications (SMM).

This Compliance Overview includes a chart that summarizes the benefit notices employers should provide at open enrollment time.

Benefit Notice	Applicability	Description
SBC	Group health plans and health insurance issuers	Group health plans and health insurance issuers are required to provide an SBC to applicants and enrollees each year at open enrollment or renewal time. Federal agencies have provided a template for the SBC, which health plans and issuers are required to use. The issuer for fully insured plans usually prepares the SBC. If the issuer prepares the SBC, an employer is not required to prepare an SBC for the health plan, although the employer may need to distribute the SBC prepared by the issuer.
Medicare Part D Notice	Employers with group health plans that provide prescription drug coverage	Employers must notify Medicare Part D-eligible individuals before Oct. 15 each year about whether the drug coverage is at least as good as the Medicare Part D coverage (in other words, whether the prescription drug coverage is "creditable" or "noncreditable"). Because employers may not be able to identify which individuals are eligible for Medicare Part D, they often provide the Medicare Part D disclosure to all plan participants. Employers will satisfy the timing requirements for this notice if it is provided to all plan participants annually, prior to Oct. 15 of each year. CMS has provided model notices for employers to use.
WHCRA Notice	Group health plans that provide medical and surgical benefits for mastectomies	Group health plans must provide a notice about the WHCRA's coverage requirements at the time of enrollment and on an annual basis after enrollment. The annual WHCRA notice can be provided at any time during the year. It is often included in the plan's SPD or benefits summary provided by the plan's issuer or TPA.

Benefit Notice	Applicability	Description
		Model language is available in the DOL's model notice guide .
Children's Health Insurance Program (CHIP) Notice	Group health plans that cover residents in a state that provides a premium assistance subsidy under a Medicaid plan or CHIP	If an employer's group health plan covers residents in a state that provides a premium subsidy under a Medicaid plan or CHIP, the employer must send an annual notice about the available assistance to all employees residing in that state. The annual CHIP notice can be provided at any time during the year. Employers often provide the CHIP notice with their open enrollment materials. The DOL has a model notice that employers may use.
SPD	Group health plans subject to ERISA	An SPD must be provided to new health plan participants within 90 days of the date their plan coverage begins. Employers may include the SPD in their open enrollment materials to make sure employees who newly enroll receive the SPD on a timely basis. Also, an employer should include the SPD with its enrollment materials if it includes notices that are required to be provided at the time of enrollment, such as the WHCRA notice. In addition, an updated SPD must be provided to participants at least every five years if material modifications have been made during that period. If no material modifications have been made, an updated SPD must be provided at least every 10 years.
COBRA General Notice	Group health plans subject to COBRA	Group health plans must provide a written General Notice of COBRA Rights to covered employees within 90 days after their health plan coverage begins. Employers may include the General Notice in their open enrollment materials to ensure that employees who newly enroll during open enrollment receive the notice on a timely basis. The DOL has a COBRA Model General Notice that can be used by group health plans to meet their notice obligations.
Grandfathered Plan Notice	Group health plans that require designation of a participating primary care provider	To maintain a plan's grandfathered status, the plan sponsor must include a statement of the plan's grandfathered status in plan materials provided to participants describing the plan's benefits (such as the SPD and open enrollment materials). The DOL has provided a model notice for grandfathered plans.
HIPAA Privacy Notice	Self-insured group health plans	The HIPAA Privacy Rule requires self-insured health plans to maintain and provide their own Privacy Notices. Special rules apply for fully insured plans. Under these rules, the health insurance issuer, and not the health plan itself, is primarily responsible for the Privacy Notice. Self-insured health plans are required to send Privacy Notices at certain times, including to new enrollees at the time of enrollment. Thus, the Privacy Notice should be provided with the plan's open enrollment materials. Also, at least once every three years, health plans must either redistribute the Privacy Notice or notify participants that the Privacy Notice is available and explain how to obtain a copy. The Department of Health and Human Services has model Privacy Notices for health plans to choose from.
HIPAA Special Enrollment Notice	All group health plans	At or prior to the time of enrollment, a group health plan must provide each eligible employee with a notice of their special enrollment rights under HIPAA. This notice should be included with the plan's enrollment materials. It is often included in the health plan's SPD or benefits summary provided by the plan's issuer or TPA.
Summary Annual Report (SAR)	Group health plans subject to the Form 5500 filing requirement, except unfunded health plans, which are exempt	Health plans that are required to file Form 5500 must provide participants with a narrative summary of the information in Form 5500, called an SAR. Health plans that are unfunded (that is, benefits are payable from the employer's general assets and not through an insurance policy or trust) are not subject to the SAR requirement. A health plan generally must provide the SAR within nine months of the close of the plan year. If an extension of time to file Form 5500 is obtained, the plan must furnish the SAR within two months after the close of the extension period. A model notice is available from the DOL.

Benefit Notice	Applicability	Description
Wellness Notice – HIPAA	Group health plans with health-contingent wellness programs	Employers with health-contingent wellness programs must provide a notice that informs employees that there is an alternative way to qualify for the program’s reward. This notice must be included in all plan materials that describe the terms of the wellness program. If wellness program materials are being distributed at open enrollment (or renewal time), this notice should be included with those materials. Sample language is available in the DOL’s model notice guide.
Wellness Notice – ADA	Wellness programs that collect health information or include medical exams	To comply with the Americans with Disabilities Act (ADA), wellness plans that collect health information or involve medical exams must provide a notice to employees that explains how the information will be used, collected and kept confidential. Employees must receive this notice before providing any health information and have enough time to decide whether to participate in the program. Employers that are implementing a wellness program for the upcoming plan year should include this notice in their open enrollment materials. The Equal Employment Opportunity Commission has provided a sample notice for employers to use.
Individual Coverage HRA (ICHRA) Notice	Employers that sponsor ICHRAs for specific classes of employees (or all employees)	Employers may implement an ICHRA to reimburse their eligible employees for insurance policies purchased in the individual market or for Medicare premiums. Employers with ICHRAs must provide a notice to eligible participants about the ICHRA and its interaction with the ACA’s premium tax credit. In general, this notice must be provided at least 90 days before the beginning of each plan year. Employers may provide this notice at open enrollment time if it is at least 90 days prior to the beginning of the plan year. A model notice is available for employers to use to satisfy this notice requirement.

LINKS AND RESOURCES

- Department of Labor’s (DOL) [website](#) on compliance assistance for health plans, which includes links to many model notices
- Center for Medicare and Medicaid Services’ (CMS) [website](#) on Medicare Part D disclosures

Provided to you by TruePlan Benefit and Retirement Advisors

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